# All Savers® Alternate Funding members\* can lose the weight FREE and keep it off!

## Real People. Real Appeal®.



Dave L. Age 47

"I'm stronger. I have a lot more energy. Thank you, Real Appeal."



**Tashawna O.** Age 37

"This is no diet this is not a gimmick. I feel great!"



We are excited to offer Real Appeal, a free digital program that provides you with up to a full year of support for lasting weight loss.\* **On average, participants lose 10 pounds after attending just 4 online classes.** Your program includes:



#### Personal transformation coach.

- Step-by-step guidance and customization for a program that fits your needs, preferences and goals.
- Support and motivation for a full year to help you lose weight or maintain results.
- A personalized dashboard to keep track of your calories, fitness and goals.

### 24/7 convenience.

Staying accountable to your goals may be easier than ever with:

- Food, activity, weight and goal trackers.
- · Unlimited access to digital content.
- Your online group class, which is designed to help you build camaraderie and accountability with others in the program.
- Weekly health tips from celebrities, athletes and health experts.



#### Success kit.

Resources to help you kick-start your weight loss and keep yourself on the road to results. Your kit will be delivered after your first class. It includes:

- Step-by-step Success Guides.
- · Workout DVDs.
- · Quick and simple recipes.
- Nutrition guide.
- And much more.





Join the thousands of members that have lost nearly 1 million pounds. Start today at success.realappeal.com. Spark your transformation with Real Appeal.





<sup>\*</sup>The Real Appeal program is provided to eligible members at no additional cost to you as part of your benefit plan.